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RFLI CCOS Timetable Planning Rules 2025

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1. Introduction and General Notes

1.1 Purpose

- 1.1.1 The purpose of this document is to define the Timetable Planning Rules (TPR) governing the standard timing of trains between stations and junctions for the Crossrail Central Operating Section (CCOS) Working Timetable in accordance with Rail for London Infrastructure Limited (RFLI) CCOS Network Code Part D.
- 1.1.2 The CCOS TPR is one of a pair of documents along with the CCOS Engineering Access Statement (EAS), when consulted by RFLI with the relevant users of the railway provide rights of access that, with track access agreements of train operators, are described as 'firm rights' and enjoy priority in the timetabling process.
- 1.1.3 CCOS TPR contains essential information such as standard timing points, sectional running times for specific train types, headway and margin limits to be maintained between trains, station working rules and route capability data.
- 1.1.4 The rules provided herein support both the National Rail timetable development processes and are consistent with the functionality and capabilities of the CCOS signalling and control system.

1.2 Scope

- 1.2.1 This document is applicable to the CCOS owned and operated by RFLI.
- 1.2.2 Routes covered are given in Table 1-1 below.

Table 1-1: Index of Routes

LOR CODE	LINE OF ROUTE
XR001	WESTBOURNE PARK JUNCTION TO PUDDING MILL LANE JUNCTION
XR002	STEPNEY GREEN JUNCTION TO ABBEY WOOD (ALSIKE ROAD JUNCTION)

1.3 Applicable Sectional Appendix and Rule Book

- 1.3.1 The CCOS Sectional Appendix is published on the National Electronic Sectional Appendix (NESA).
- 1.3.2 The CCOS has its own dedicated Rule Book available on line at https://tfl.gov.uk/corporate/publications-and-reports/elizabeth-line-rule-book. .



1.4 CCOS Planning Definitions

1.4.1 Train Description

Trains shall be described in the working timetable using the standard GB Rail industry four character identification code (headcode): Classification (Table 1-2); Destination (Table 1-3); and two-digit train sequence number (00-99) for example '9W05'.

Table 1-2: First Character (Train Classification)

First Character	Description
9	Passenger trains operating on the Crossrail Central Operating System
3	Empty Coaching Stock (ECS) movements between Paddington (Crossrail) and Westbourne Park;
	Priority ECS if specially authorised.
5	Other ECS
6	RFLI Engineering Maintenance trains/ On Track Machines which can run up to 50mph

Table 1-3: Second Character (Destination)

Second Character	Description/ Destination
А	Reserved character for train service contingency plans within CCOS area
В	Reserved character for train service contingency plans within CCOS area
С	To Chadwell Heath or Gidea Park
E	To West Ealing/ West Ealing Loop/ ECS CCOS Eastbound in Contingency Timetable)
G	Special service identifier (note: not for use in disruption)
Н	To Heathrow Terminal 4
N	To Maidenhead
L	To Anglia Route/ Linsinger OTM
Р	ECS and maintenance trains to Plumstead Infrastructure Maintenance Facility
Q	Infrastructure Monitoring Vehicle
R	To Reading/ Robel OTM
Т	To Hayes and Harlington and to Heathrow Airport Terminal 5
U	To Abbey Wood via Tottenham Court Road
W	To Shenfield/ ECS CCOS Westbound in Contingency Timetable)
Y	To Paddington (Elizabeth Line) via Tottenham Court Road
	To Old Oak Common and Westbourne Park sidings(incl. ECS and maintenance trains)
Z	Special Traffic Trains
	Must NOT be used for WTT services
	STP additional trains not conforming to any route code

1.4.2 Days of Operation

Table 1-4: Days of Operation

Abbreviation	Description	
М	Monday	
Т	Tuesday	
W	Wednesday	
Th	Thursday	
F	Friday	
S	Saturday	
Su	Sunday	
EWD	Every Weekday (Monday to Saturday)	
Suffixes		
0	Adding this indicates that the train will run only on that day or those days shown	
Х	Adding this indicates that the train will not run on that day or those days shown	
General		
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BHX Denotes that this train does not run on a bank holiday

1.4.3 Traction and Rolling Stock

Table 1-5: Traction and Rolling Stock

Abbreviation	Description
EMU	Any electric multiple unit
ECS	Empty Coaching Stock (electric multiple units only)
OTM	On Track Machine - Infrastructure Maintenance Units/ Vehicles

1.4.4 Activity Codes

Table 1-6: Activity Codes

Abbreviation	Description
RM	Reverse Move. Refer to para 4.6.3

1.4.5 **Timing Point Codes**

Table 1-7: Activity Codes

Abbreviation	Description
F	Only non-passenger trains are timed at this location
S	Only stopping trains are timed at this location
Х	Only trains crossing from one line to another are timed at this location

1.4.6 Trip Associations:

As part of the timetable instantiation and to support the automatic code insertion process, the CBTC ATS system creates next trip associations not provided by the Network Rail timetable CIF file received from TPS. All trips of the same seasonal timetable will be checked as a possible next trip, but only one trip will be referenced as next trip where the following conditions are fulfilled:

- Previous trip and next trip must either both be optional or non-optional.
- The main period of the previous trip must be in the main period of the next trip. Further, both trips must have identical operational days (defined in 1.3.2 above).
- Previous trip must end, and the next trip must start at the same station and platform
- Previous trip does not leave the CCOS area.
- Next trip does not start outside the CCOS area.
- Next trip must start after previous trip but before a pre-configured maximum time of 45 minutes.
- Previous trip has no pre-existing association.



2. Route Description

2.1 Planning Geography



Figure 2-2: Timetable Relevant Locations in the Signalling and Control System. Source: C620-SIC-R2-RSP_CR001-50022 C620/NR Time Table Data

- 2.1.1 Figure 2-1 above provides a schematic diagram of the relevant locations for timetables in the CCOS.
- 2.1.2 Stops may be planned at all stations indicated in 2.1.1 Figure 2-1 above with the exception of the locations identified in blue (Portal/ Junction Virtual Station).
- 2.1.3 The timing points in the CCOS are specified in the tables in Tables 2-1 and 2-2 below. Timing Points shown in **bold** are mandatory.
- 2.1.4 The required platform code (e.g. A, B etc.) shall be given for each station stop. Notice should be taken of the additional platform and line coding requirements for planned moves using the bi-directional signalling capability against the primary direction of travel.
- 2.1.5 Where the platform field is left blank the ATS logic will utilise either the pre-configured preferred path option or if this is unavailable, the 1st alternative path and then the 2nd alternative path for this TIPLOC where the first alternative is unavailable too. The ATS provides two alternative pathways as a maximum, pathways must physically exist.

2.2 Route Opening Hours

- 2.2.1 The Elizabeth Line Route Control Centre is staffed 24hours, seven days per week.
- 2.2.2 The timetable operational day shall commence at 02:01 and end at 02:00 the following day.
- 2.2.3 Standard engineering possession opportunities are as detailed in Section 4 of the relevant CCOS Engineering Access Statement.



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Table 2-1: CCOS XR001 Timing Points

XR001 WESTBOURNE PARK JUNCTION TO PUDDING MILL LANE JUNCTION						
XR	Timing Point	NR TPS	EB	WB	TP	Notes
Loc.		TIPLOC			Code	
	Portobello Junction	PRTOBJP	CRE CRW	3 4 5 6 CRI		To/from Great Western Main Line (Line of Route Code: GW103)
				ONE		Line 3 SN109 Not available from Eastbound line (SN99)
						Line 4 SN111 Not available from Eastbound
						Line 5 SN113 Available from all 3 exits Line 6 SN115 Available from all 3 exits CRL SN117 Crossrail Depot Line 1 (beyond Gantry 8) over P8054 reverse
XWN	Westbourne Park	WBRNPKS				Virtual platform detail shall determine the line used (refer to Table 3-4)
						Where the TT does not contain a specific turn-back siding (e.g. only defines the station Westbourne Park; the Station Platform is set to "blank"), ATS will automatically generate preferred and alternative Station Platforms during import
PDX	Paddington	PADTLL		CRE		Westbound traffic only: ARS default route is via Westbound line towards
	(Elizabeth Line)					SN91. CPE route code must be specified for westbound
						traffic using the Eastbound line towards Portobello
						Jn via Westbourne Park CS Virtual Platform A and SN99. Note there is no Network Rail ARS route code.
BDS	Bond Street	BONDST				
TCR	Tottenham Court Road	TOTCTRD				
TWT	Fisher Street Crossover	TOTCFST			Х	Timing point for:
	(West)					Crossing moves;
						Eastbound trains on Westbound Line (input platform
						Westbound trains on the Eastbound Line (input
FFT	Fisher Street Crossover	FRNDEST			Х	platform code A). Timing point for:
	(East)					Reversal at virtual platform A;
						Crossing moves; Eastbound trains on Westbound Line (input platform
						code B); and Westbound trains on the Eastbound Line (input
						platform code A).
FDX	Farringdon (Elizabeth Line)	FRNDXR				
LSX	Liverpool Street (Elizabeth Line)	LIVSTLL				
WET	Valence Road Crossover	WCHAVRD			X	Timing point for: Reversal at virtual platform A; Crossing moves; Eastbound trains on Westbound Line (input platform code B); and
						Westbound trains on the Eastbound Line (input platform code A).
WHX	Whitechapel	WCHAPXR				
XST	Stepney Green Junction	SPNYGNJ				To/from Abbey Wood Elizabeth Line (Line of route code: XR002)
XSTE	Stepney Green XR205/XR207	SPNY205			S	Timing point for Westbound trains planned to stop on approach to Stepney Green Jn
XPL	Pudding Mill Lane	PUDGMLL	EL			To/from Seven Kings (Line of Route code: EA1010)



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Table 2-2: CCOS XR002 Timing Points

XR002 \$	XR002 STEPNEY GREEN JUNCTION TO ABBEY WOOD (ALSIKE ROAD JUNCTION)							
XR	Timing Point	NR TPS	Eastbo	Westbo	TP Code	Notes		
Loc.		TIPLOC	und	und	1			
XST	Stepney Green	SPNYGNJ				To/from Westbourne Park Junction (XR001)		
VOTN	Stoppov Croop				6	Timing point for Westbound trains planned		
ASIN	XR201/XR203	SPINYZUT			5	to stop on approach to Stepney Green Jn		
CWX	Canary Wharf	CANWHRE						
VDP	Victoria Dock Portal	CUSTWBT			Х	Timing point for:		
	(Custom House					Crossing moves;		
	West) Crossover					Eastbound trains on Westbound Line (Input platform code B): and		
						Westbound trains on the Eastbound Line		
0110	Custom House					(input platform code A).		
CET	Custom House				v	Timing point for:		
GET	East Crossover	COSTERI			^	Reversal at virtual platform A;		
						Crossing moves;		
						platform code B); and		
						Westbound trains on the Eastbound Line		
	Woolwich					(input platform code A).		
wwc	(Elizabeth Line)	WOLWAR						
	Plumstead	N/A				This location must be planned as Plumstead		
	Infrastructure					Carriage Sidings for the purpose of		
	Maintenance					unetability.		
	Facility					The is a solution		
XPG	Plumstead Carriage	PLMSXCR			S	Trains to/from the Stabling Sidings: and		
	Siulitys					Timing point for trains entering/leaving RFLI		
						Maintenance Facility sidings ("Maintenance Sidings")		
XPH	Plumstead Sidings	PLMSRS			S	Timing point for trains to/from the Stabling		
	Headshunt					Maintenance Facility Sidings ("Maintenance		
	(Plumstead					Sidings")		
DEI	Reversing Slaing)					Platform detail shall be shown for all trains		
FLJ	Junction	FLINISLJ				including ECS and maintenance.		
ABX	Abbey Wood	ABWDXR				Platform detail must be shown		
	(Elizabeth Line)							
ABB	Abbey Wood	ABWDXRS						
	Bolthole Berth							
	(Abbey Wood							
	Crossrall Siding)					Moves to the Engineering Road are		
	Abbey W000	ABWDEK				manually routed and not available to import		
	(Transfer Line)					into the signalling timetable manager.		
	Alsike Road				F	To/from Dartford Junction (Line of Route		
	Junction					Code: SO290)		



3. Infrastructure Restrictions

3.1 Bi-Directional Operation

- 3.1.1 The CCOS running lines are designated as Eastbound or Westbound in terms of principle traffic direction. However, all are fully signalled for bi-directional operation.
- 3.1.2 Train movements planned against the normal direction of traffic ('wrong' direction) must have all line codes and platform entries included according to the Timing Points provided in Table 2-1 and Table 2-2 above.

3.2 Cross-Network Boundaries

- 3.2.1 Where successive moves are planned westbound from the CCOS to Line 5/ Down Relief line from the XR025 marker board, if the first train is booked to dwell at Westbourne Park B virtual platform to wait for a path onto Network Rail infrastructure, the immediately following train if planned on minimum headway + 30 seconds, should be planned to operate via Turnback A/ Westbourne Park virtual platform B. Subsequent trains should alternate to this pattern. This is to ensure the Network Rail ARS is able to function correctly.
- 3.2.2 When scheduling train movements across interfaces with Network Rail operated infrastructure at Pudding Mill Lane or Westbourne Park against the normal designated traffic direction, not all available signalled routes have the automatic route setting (ARS) function. Advice should be sought from Network Rail capacity planning.
- 3.2.3 Network Rail ARS route codes are not available for the following moves:

• Pudding Mill Lane portal east towards Stratford platform 5 or 8 via the Up Electric Line from L243 signal on the Westbound line in the reverse direction.

- From Stratford platform 5 or 8 towards Stepney Green Junction via the Down Electric Line to the Eastbound Line reverse direction.
- From XR027 route marker board at Royal Oak Portal west towards Ladbroke Grove Junction via Line 6 using Turnback A at Westbourne Park.
- From SN126 on the Down Relief at Ladbroke Grove towards any route in the CCOS.
- 3.2.4 An additional half minute should be allowed for the following move:
 - From XR027 route marker board at Royal Oak Portal west towards Ladbroke Grove Junction via Line 6 using either the Westbound or Eastbound Line.

3.3 Royal Oak Crossovers

- It is not currently possible to plan moves over a specific crossover at Royal Oak.
- Routes are determined automatically by the signalling and control system in accordance with ARS routing tables (preferred) and the automatic train regulation (ATR) system.
- Line and platform codes should be used to influence the routing selected by the ARS.

3.4 Capacity Constraints

3.4.1 The core route between Paddington and Stepney Green Junction shall be limited to a maximum of 24train paths per hour in each direction. Requests for any additional paths up



to a technical maximum of 30 train paths per hour shall be subject to a performance assessment.

- 3.4.2 The South East branch from Stepney Green Junction to Abbey Wood station shall be limited to a maximum capacity of 16tph. .
- 3.4.3 Please also refer to the CCOS EAS Section 4.

3.5 Traction Power Supply Restrictions

- 3.5.1 Under normal operating conditions, the 25kV traction power supply shall not place any restrictions on the use of approved electric traction.
- 3.5.2 Under maintenance conditions, sections of the electrified network may be blocked to electric traction. These restrictions are identified within the CCOS EAS.
- 3.5.3 Under normal conditions, Plumstead stabling sidings traction power shall be kept energised. However, there are some occasions (for example maintenance at Stepney Green Junction) where it is necessary for and isolation of the sidings. Notice shall be given in the CCOS Weekly Operating Notice Section B Traffic Remarks for the relevant Engineering Item.
- 3.5.4 Subject to paragraph 3.5.3, depending on unit capability, trains stabled at Plumstead sidings 1-8 may require relocalising under Staff Accountable Mode following a traction power isolation for engineering works. This shall be conducted in accordance with the "Supplementary Instructions For Signallers At Romford RCC For Trains That Have Delocalised At Plumstead Sidings 1 To 8, Including On Track Machines (OTM) Movements To/From The Maintenance Sidings" in addition to the rules and regulations contained in S5 of the RFLI CCOS Rule Book, and Unit 6 of the COSOI.
- 3.5.5 Where the conditions in 3.5.3 and 3.5.4 apply, an additional timing allowance of [5] minutes shall be applied for CBTC relocalising ECS moves upon exiting the sidings.
- 3.5.6 Any further restrictions that may arise in connection with engineering possessions shall be requested via the CCOS EAS amendment process.

3.6 Ventilation System Restrictions

- 3.6.1 Only two trains may occupy a single ventilation section at any given time. This restriction is enforced via interlocking with the signalling and control system (refer to paragraph 4.1 below).
- 3.6.2 Eastbound and westbound running line tunnels and stations are considered as separate ventilation sections. For reference each section is listed in Table 3-1 below.

Table 3-1: XR001 Ventilation Sections

XR001 W	XR001 WESTBOURNE PARK JUNCTION TO PUDDING MILL LANE JUNCTION				
Code	Tunnel	Description			
VS01E		Royal Oak Portal to Paddington (Elizabeth Line) [exc.]			
VS02E	Δ	Paddington (Elizabeth Line) station			
VS03E	S	Paddington (Elizabeth Line) [exc.] to Bond Street [exc.]			
VS04E	õ	Bond Street station			
VS05E	Ë	Bond Street [exc.] to Tottenham Court Road [exc.]			
VS06E	AS	Tottenham Court Road station			
VS07E	ш	Tottenham Court Road [exc.] to Farringdon (Elizabeth Line) [exc.]			
VS08E		Farringdon (Elizabeth Line) station			



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VS09E		Farringdon (Elizabeth Line) [exc.] to Liverpool Street (Elizabeth Line) [exc.]		
VS10E		Liverpool Street (Elizabeth Line) station		
VS11E		Liverpool Street (Elizabeth Line) [exc.] to Whitechapel [exc.]		
VS12E	Whitechapel (Elizabeth Line) station			
VS13E		Whitechapel [exc.] to Stepney Green		
VS14E		Stepney Green to Eleanor Street		
VS15E		Eleanor Street to Pudding Mill Lane Portal		
VS15W		Pudding Mill Lane Portal to Eleanor Street		
VS14W		Eleanor Street to Stepney Green		
VS13W		Stepney Green to Whitechapel (Elizabeth Line) [exc.]		
VS12W		Whitechapel station		
VS11W	-	Whitechapel [exc.] to Liverpool Street (Elizabeth Line)		
VS10W	Q	Liverpool Street (Elizabeth Line) station		
VS09W	Ŋ	Liverpool Street (Elizabeth Line) [exc.] to Farringdon (Elizabeth Line) [exc.]		
VS08W	ĕ	Farringdon (Elizabeth Line) station		
VS07W	ST	Farringdon (Elizabeth Line) [exc.] to Tottenham Court Road [exc.]		
VS06W	N N	Tottenham Court Road station		
VS05W	-	Tottenham Court Road [exc.] to Bond Street [exc.]		
VS04W		Bond Street station		
VS03W		Bond Street [exc.] to Paddington (Elizabeth Line) [exc.]		
VS02W		Paddington (Elizabeth Line) station		
VS01W		Paddington (Elizabeth Line) [exc.] to Royal Oak Portal		

Table 3-2: XR002 Ventilation Sections

XR002 S	XR002 STEPNEY GREEN JUNCTION TO ABBEY WOOD (ALSIKE ROAD JUNCTION)				
Code	Tunnel	Description			
VS16E		Stepney Green to Canary Wharf [exc.]			
VS17E		Canary Wharf station			
VS18E	nc	Canary Wharf [exc.] to Victoria Dock Portal			
VS19E	<u> </u>	Connaught Tunnel			
VS20E	ST	North Woolwich Portal to Woolwich [exc.]			
VS21E	EA	Woolwich station			
VS22E		Woolwich [exc.] to Plumstead Portal			
VS22W	•	Plumstead Portal to Woolwich [exc.]			
VS21W	L Z	Woolwich station			
VS20W	nc	Woolwich [exc.] to North Woolwich Portal			
VS19W	ĕ	Connaught Tunnel			
VS18W	ទ្រ	Victoria Dock Portal to Canary Wharf [exc.]			
VS17W	N N	Canary Wharf station			
VS16W		Canary Wharf [exc.] to Stepney Green			

3.7 Platform Lengths

- 3.7.1 Table 3-3 below gives the maximum length of train (in metres) that may use each of the platforms at the following passenger stations.
- 3.7.2 The quoted lengths are the useable lengths from headwall to headwall unless otherwise specified (e.g. ramp to ramp).
- 3.7.3 Passenger trains longer than the quoted lengths cannot be accepted into CCOS.

Table 3-3: Platform lengths

XR Code N T	IR TPS IPLOC	Station	Platform	Effective Length (m)	Notes	
ELIZABETH LINE			Uncontrolled when p	inted		Page 11 of 29

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		Paddington (Elizabeth Line)	A						
FDA	FADILL	Paddington (Elizabeth Line)	В						
вре	PONDET	Bond Street	A						
603	DONDOT	Bond Street	В						
TOP	тотстро	Tottenham Court Road	A						
ICK	IUICIKD	Tottenham Court Road	В						
EDV		Farringdon (Elizabeth Line)	А		Ctations have based wells and all				
FDA	FRINDAR	Farringdon (Elizabeth Line)	В		Stations have head walls and all				
		Liverpool Street (Elizabeth	۸		edge screen doors				
157		Line)	A						
LOA	LIVOTEL	Liverpool Street (Elizabeth	в	205					
		Line)	Ь	205					
WHY		Whitechapel	A						
VVIIA		Whitechapel	В						
CWX		Canary Wharf	А						
CWA	CANWIIKF	Canary Wharf	В						
CUS	спетипе	Custom House	А		Open air platforms without platform				
003	CUSTMINS	Custom House	В		edge screens				
		Woolwich	А		Platforms equipped with platform				
VVVC	VVOLVVAR	Woolwich	В]	edge screen doors.				
		Abbey Wood	3]	Open air platforms without platform				
ADA	ADVUDAR	Abbey Wood	4		edge screens				

3.8 Siding Lengths

3.8.1 The Table 3-4 below provides the maximum length of train (in metres) that may use each of the sidings at the following locations.

XR Code	Code (TIPLOC)	Location	Siding/ Virtual Platform Code	Effective Length (m)	Notes
		Westbourne Park	XWN B		Westbound running line
		Westbourne Park	XWN 3		Turnback 'A'/ through siding
WBK	WBRNPKS	Westbourne Park	XWN 4	205	Turnback 'B' - reversing only
		Westbourne Park	XWN 5		Turnback 'C' - reversing only
		Westbourne Park	XWN A		Eastbound running line
	PLMSRS		XPH A	247	Reversing headshunt for access to Plumstead Stabling Sidings
ХРН		Plumstead	XPG 1-8	240	Plumstead Stabling Sidings roads 1-8 (signalled)
			N/A	150	Plumstead Infrastructure Maintenance Facility Sidings (" <i>Maintenance</i> <i>Sidings</i> ") roads 9-12 (not signalled).
ABB	ABWDXRS	Abbey Wood Bolthole Berth	ABB B	397 (205m 25kVAC)	Bolthole Berth (Abbey Wood Crossrail Siding beyond platform 3). Note 25kV AC traction limit 1x 205m length train
N/A	ABWDER	Abbey Wood Engineering Road	Engineering Road	376	Non-passenger and non-electrified connection to Network Rail North Kent Line.



4. Rolling Stock Restrictions

4.1 Signalling System Compatibility

- 4.1.1 All rolling stock must be fitted with a Communications Based Train Control (CBTC) signalling system¹ compatible with Siemens Rail Automation "Trainguard MT" Communications Based Train Control signalling system to operate scheduled services over the CCOS network.
- 4.1.2 Rolling stock must also be compatible with the relevant signalling and control systems on the adjoining rail Networks at Westbourne Park Junction (West),Pudding Mill Lane Junction (East) and Abbey Wood (Alsike Road Junction) to facilitate access to and egress from the CCOS Network.
- 4.1.3 Rolling Stock traversing the interfaces is expected to be capable of transition between respective signalling systems whilst moving at the highest permissible speed without interruption.
- 4.1.4 Movements onto and off the CCOS of non-CBTC fitted trains at Abbey Wood Alsike Road Junction, shall be planned and controlled under special arrangements.

4.2 Vehicle Restrictions

- 4.2.1 All vehicles must comply with Standard CRL1-XRL-O6-STD-CR001-50005 Crossrail Central Operating Section Requirements for Maintaining Infrastructure Clearances².
- 4.2.2 Dangerous goods are not permitted in the CCOS and may not be conveyed.
- 4.2.3 Vehicles shall be cleared for operation on adjacent rail infrastructure by the relevant infrastructure manager.
- 4.2.4 Access beneficiaries should refer to the provisions of CCOS Network Code Part F (Vehicle Change) for the introduction of other new or modified vehicles.

4.3 Route Availability

- 4.3.1 Maximum axle load is 16.5 tonnes (RA 4).
- 4.3.2 A heavier loading of up to 23.0 tonnes may be permitted subject to a formal assessment by the RFLI Track Engineer and conditions (such as operating speed restrictions) may be imposed to limit track forces.

4.4 Traction Restrictions

- 4.4.1 The CCOS is provided with 25kV AC overhead traction current supply.
- 4.4.2 Locomotives operating independently of the overhead traction current shall not exceed the prescribed emissions limit for tunnel operations³.
- 4.4.3 Proposals to operate higher nominal emissions locomotives may be permitted subject to assessment by the RFLI Engineer against tunnel ventilation system capability and these may be subject to operating restrictions such as working under reduced power.
- 4.4.4 Shall be fitted with a suitable fire suppression system for working in tunnels.



4.5 Automatic Train Operation (ATO)

- 4.5.1 Passenger trains shall generally be operated in Automatic Train Operation (ATO) mode under normal conditions.
- 4.5.2 The ATO operation capable limits are given in Table 4-1 below.

Table 4-1: Automatic Train Operation Limits

XR001 Westbourne Park Junction to Pudding Mill Lane Junction							
Route Section	ATO	Auto-Reverse					
Westbourne Park Junction to/ from Paddington	Available	Available on all lines and turnbacks					
Paddington to/from Stepney Green Junction	Available	At Fisher Street and Valence					
		Road crossovers					
Stepney Green Junction to Stratford - Maryland transition zone	Available	Not available					
XR002 Stepney Green Junction to Abbey Wood (Alsike Road Junction)							
Route Section	ATO	Auto-Reverse					
Stepney Green Junction to Abbey Wood	Available	Not available					
Plumstead East Junction to Plumstead Reversing Siding	Available	Not available					
Plumstead Reversing Siding to Stabling Roads 1-8	Available	Not available					
Plumstead Reversing Siding to Plumstead Infrastructure Maintenance	Not available	Not available					
Facility Sidings 9 to 12							
Abbey Wood station to Bolthole Berth	Available	Not available					
Bolthole Berth to Alsike Road Junction	Not available	Not available					

4.5.3 Engineers' trains or on-track machines (OTM) may operate in ATO mode where suitably equipped.

4.6 Auto-Reverse Operation

- 4.6.1 An automatic reversing facility⁴ (auto-reverse) permits movement of rolling stock without a vigilant driver present in the leading cab at the specified locations shown in Table 4-1 above.
- 4.6.2 System logic determines the services in the daily timetable that the CBTC system will 'offer' auto-reverse to the driver by default.
- 4.6.3 The reverse move 'RM' code should <u>not</u> be used in timetable bids where auto-reverse is required or for moves inbound and outbound from Plumstead stabling sidings..
- 4.6.4 When planning an auto-reverse move, the train headcode must change for each direction change. For example: 9Y37 terminates in PDX B, becomes 3Y37 for the move to WBPk turnback C and 3W10 for the return to PDX A.
- 4.6.5 The headcode must also be changed upon arrival at the first station or virtual station platform after the completion of the reversing move. Using the example in 4.6.4, 3W10

⁴ Subject to rolling stock compatibility.



¹ A derogation from regulation 14 (2) (d) of the Railways (Interoperability) Regulations 2011 was granted to CCOS 26/01/2012 pending future migration to Level 3 ETCS.

² Subject to issue of a Statement of Compatibility from RFLI Engineering.

³ Subject to assessment by the RFLI Engineer against tunnel ventilation system capability and operating restrictions such as working under reduced power and no restrictions placed on the ventilation system.

must therefore change to a 9W10 or if remaining ECS must change to a 5Uxx or 5Wxx for example.

- 4.6.6 The driver must accept the 'offer' of auto-reverse from the CBTC system for it to be invoked. Where a driver is required to manually drive a default auto-reverse move created by the process in 4.6.2, then rejection of the offer should be instructed to the driver by the train operator.
- 4.6.7 Auto-reverse is not available at the Fisher Street and Vallance Road crossovers for the first train of the day in either direction.

4.7 Train Length Limits

- 4.7.1 The maximum length of any train consist that can be accommodated in platforms is limited to 205metres.
- 4.7.2 Engineering trains (e.g. measurement and recording) shall be limited to a maximum length of 150metres.
- 4.7.3 Minimum technical consist length is 40.1 metres
- 4.7.4 Maximum technical consist length is 374 metres

4.8 Passenger Stock Restrictions

4.8.1 Passenger doors shall be compatible with and capable of alignment with the Platform Screen Doors provided at all subterranean stations.

4.9 Engineers Train Restrictions

- 4.9.1 Only trains fitted with a compliant CBTC signalling and control system may be permitted to operate outside of an engineering possession.
- 4.9.2 The Robel Multi-Purpose Vehicle must be planned to operate with a minimum consist of cover car-transport wagon-power car> unit formation.
- 4.9.3 The Multi-purpose vehicle and Rail Milling Machine need to transition manually and run with both CBTC and TPWS active in the COS.
- 4.9.4 The Multi-purpose vehicle and Rail Milling Machine leaving Plumstead Maintenance Sidings are required to operate in Staff Accountable mode until CBTC localisation has taken place.
- 4.9.5 A additional timing allowance shall be applied for CBTC relocalising for reversing moves where relocalisation post-reversal is necessary. Refer to para 5.4.2 for the appropriate allowance.



5. Running Times, Margins and Allowances

5.1 Sectional Running Times

- 5.1.1 SRTs are split by type into 4 different timing links:
 - 1) Start to Stop (S-S) wheels start at first timing point to wheels stop at second timing point
 - 2) Start to Pass (S-P) wheels start at first timing point to front of train passing the second timing point
 - 3) Pass to Stop (P-S) the front of train passing first timing point to wheels stop at second timing point
 - 4) Pass to Pass (P-P) front of the train passing the first timing point and passing the second timing point
- 5.1.2 SRTs for all trains are a default value based on the technical performance of the Alstom Aventra Model LV-BXR-13 (Class 345) verified during the dynamic testing phase of the Crossrail programme.
- 5.1.3 Engineering trains capable of operating fully under CBTC shall use the section timings in Table 5-1 and Table 5-2 below plus the advised standard planning dwell value as detailed in Table 5-6 below.
- 5.1.4 Sectional Running Times (SRT) provided in the tables 5-1 to 5-4 below are given in minutes derived from C620-SIC-R2-GIN-CR001-50006 *ATS Running Time Engineering Calculation.*



July 2023

Table 5-1: Eastbound Sectional Running Times - all units

EASTBOUN)						Timin	g
From		То		Lin e	S- S	S- P	P- S	Р- Р
PRTOBJP	Portobello Junction	WBRNPKS	Westbourne Park				1	1/2
WBRNPKS	Westbourne Park	PADTLL	Paddington (Elizabeth Line)		2	2	1	1
	Paddington (Elizabeth Line)	BONDST	Rond Street		2	2	$\frac{1}{2}$	1/2 1
		DONDOT	Donu Street		2 1/2	2	2	1/2
BONDST	Bond Street	TOTCTRD	Tottenham Court Road		1	1	1	1
TOTCTRD	Tottenham Court Road	FRNDXR	Farringdon (Elizabeth Line)		2	2	2	2
TOTCTRD	Tottenham Court Road	FRNDFST	Fisher Street Crossover East (FET)	EB	1	1	1	1
TOTCTRD	Tottenham Court Road	TOTCFST	Fisher Street Crossover West	WB	1	1	1	1
TOTCFST	Fisher Street Crossover West (TWT)	FRNDFST	Fisher Street Crossover East (FET)		1/2	1⁄2	1/2	1/2
FRNDFST	Fisher Street Crossover East (FET)	FRNDXR	Farringdon (Elizabeth Line)	EB	1 1⁄2	1 1⁄2	1 1⁄2	1
FRNDXR	Farringdon (Elizabeth Line)	LIVSTLL	Liverpool Street (Elizabeth Line)		1 1⁄2	1	1	1
LIVSTLL	Liverpool Street (Elizabeth Line)	WCHAPXR	Whitechapel		2	2	2	1 1⁄2
LIVSTLL	Liverpool Street (Elizabeth Line)	WCHAVRD	Valence Road Crossover	EB	2	2	2	1 1⁄2
WCHAVRD	Valence Road Crossover	WCHAPXR	Whitechapel		1 1⁄2	1	1	1/2
WCHAPXR	Whitechapel	SPNYGNJ	Stepney Green Jn			1		1
SPNYGNJ	Stepney Green Jn	PUDGMLL	Pudding Mill Lane Jn				21⁄2	2 1⁄2
		04114/105						
SPNYGNJ	Stepney Green Jn	CANWHRF	Canary Wharf			0	2	2
CANWHRF	Canary Wharf	CUSTMHS	Custom House		3	3	3	2 1/2
CANWHRF	Canary Wharf	CUSTWBT	Custom House West Crossover		3	3	3	2
CUSTWBT	Custom House West Crossover	CUSTMHS	Custom House		1/2	1/2	1/2	1/2
CUSTMHS	Custom House	WOLWXR	Woolwich		3 1/2	3	3	3
CUSTMHS	Custom House	CUSTEBT	Custom House East Crossover		1	1	1	1/2
CUSTEBT	Custom House East Crossover	WOLWXR	Woolwich		3	3	3	3
WOLWXR	Woolwich	PLMSEJ	Plumstead East Jn		2 1⁄2	2	2	2
PLMSRS	Plumstead Rev Siding	PLMSEJ	Plumstead East Jn		2	2		
PLMSRS	Plumstead Rev Siding	PLMSXCR	Plumstead Stabling Sidings		2			
PLMSEJ	Plumstead East Jn	ABWDXR	Abbey Wood (Elizabeth Line)		2	1 1⁄2	1 1⁄2	1
ABWDXR	Abbey Wood (Elizabeth Line)	ABWDXRS	Abbey Wood Crossrail Siding (Bolthole berth)		2		1 1⁄2	
ABWDXRS	Abbey Wood Crossrail Siding (Bolthole Berth)	ABWDER	Abbey Wood (NK501 ENGINEERING ROAD)		3			



Table 5-2: Westbound Sectional Running Times – all units

WESTBOU	WESTBOUND					Timin	g Link	
From		То		Lin	S-S	S-P	P-S	P-
				е				Ρ
ABWDER	Abbey Wood Alsike Road XR397 (Engineering Road)	ABWDXRS	Abbey Wood Crossrail Siding (Bolthole Berth)		3			
ABWDXRS	Abbey Wood Crossrail Siding (Bolthole Berth)	ABWDXR	Abbey Wood (Elizabeth Line)		2	1½	1½	1
ABWDXR	Abbey Wood (Elizabeth Line)	PLMSEJ	Plumstead East Jn		11⁄2	1	1½	1
PLMSXCR	Plumstead Stabling Sidings	PLMSRS	Plumstead Rev Siding		2			
PLMSEJ	Plumstead East Jn	PLMSRS	Plumstead Rev Siding		3		21⁄2	
PLMSEJ	Plumstead East Jn	WOLWXR	Woolwich		21/2	2	2	11/2
WOLWXR	Woolwich	CUSTEBT	Custom House East Crossover		3	3	3	21/2
WOLWXR	Woolwich	CUSTMHS	Custom House		31/2	31/2	31⁄2	3
CUSTEBT	Custom House East Crossover	CUSTMHS	Custom House		1	1	1	1/2
CUSTMHS	Custom House	CUSTWBT	Custom House West Crossover		1/2	1/2	1/2	1/2
CUSTMHS	Custom House	CANWHRF	Canary Wharf		3	21/2	21⁄2	21/2
CUSTWBT	Custom House West Crossover	CANWHRF	Canary Wharf		3	21/2	21/2	21/2
CANWHRF	Canary Wharf	SPNY201	Stepney Green (XSTE)		21/2		2	
SPNY201	Stepney Green (XSTE)	SPNYGNJ	Stepney Green Jn			1/2		
CANWHRF	Canary Wharf	SPNYGNJ	Stepney Green Jn			2		2
	I		1	I				I
PUDGMLL	Pudding Mill Lane Jn	SPNY205	Stepney Green (XSTN)		3		21/2	
SPNY205	Stepney Green (XSTN)	SPNYGNJ	Stepney Green Jn			1/2		
PUDGMLL	Pudding Mill Lane Jn	SPNYGNJ	Stepney Green Jn			21/2		21/2
SPNYGNJ	Stepney Green Jn	WCHAPXR	Whitechapel				1	1
WCHAPXR	Whitechapel	WCHAVRD	Valence Road Crossover		1½	1	1	1/2
WCHAPXR	Whitechapel	LIVSTLL	Liverpool Street (Elizabeth		2	2	2	1½
WCHAVRD	Valence Road Crossover	LIVSTLL	Liverpool Street (Elizabeth		2	2	2	1½
LIVSTLL	Liverpool Street (Elizabeth Line)	FRNDXR	Farringdon (Elizabeth Line)		1½	1	1	1
FRNDXR	Farringdon (Elizabeth Line)	FRNDFST	Fisher Street Crossover East (FET)	EB	1	1	1	1
FRNDXR	Farringdon (Elizabeth Line)	TOTCTRD	Tottenham Court Road		2	2	2	11⁄2
FRNDXR	Farringdon (Elizabeth Line)	TOTCFST	Fisher Street Crossover West (TWT)	WB	1½	1½	1½	1½
FRNDFST	Fisher Street Crossover East (FET)	TOTCFST	Fisher Street Crossover West (TWT)		1/2	1/2	1/2	1/2
TOTCFST	Fisher Street Crossover West (TWT)	TOTCTRD	Tottenham Court Road	WB	1½	1	1	1
TOTCFST	Tottenham Court Road	BONDST	Bond Street		1½	1	1	1
BONDST	Bond Street	PADTLL	Paddington (Elizabeth Line)		21⁄2	2	2	1½
PADTLL	Paddington (Elizabeth Line)	WBRNPKS	Westbourne Park CS		2	1½	2	1½
WBRNPKS	Westbourne Park	PRTOBJP	Portobello Junction			1		1/2



Revision: 1.0 Revision Date: July 2023

5.2 Headways

Table 5-3: Headway Values

XR001 Westbourne Park Junction to Pudding Mill Lane Junction						
Timing Points Included	Down	Up	Notes			
Westbourne Park Junction to Stepney Green Junction	2	2	When an OTM follows a Class 345, the headway value of 2 minutes can be used in			
Stepney Green Junction to Pudding Mill Lane Junction	2	2	timetable planning. When a Class 345 operates behind an OTM, the headway value of 4.5 minutes shall be used in timetable planning.			
XR002 Stepney Green Junction to Abbey Woo	d (Alsike F	Road Junct	tion)			
Timing Points Included	Down	Up	Notes			
Stepney Green Junction to Abbey Wood	2	2				
Abbey Wood (Elizabeth Line) to Abbey Wood Crossrail Siding			Single Line – one train in section			
Abbey Wood Crossrail Siding to Abbey Wood (Alsike Road Junction)			Single Line – one train in section			
Plumstead Sidings using Auto Reverse facility	5	5	When trains require relocalisation on			
Plumstead Sidings when Auto Reverse not used	10	10	CBTC signalling system 15 minutes shall be used.			

5.2.1 Headway values in Table 5-3: Headway Values apply on depart to depart basis.

5.2.2 Headway values are given in minutes.

5.3 Junction Margins and Station Planning Rules

5.3.1 Junction Margins and Station dwell times are given in Table 5-4 below.

Table 5-4: Standard Junction Margins and Station Dwell Times

STANDARD PLANNING VALUES

	-	
Dwell Time Allowance (general planning advice/ guidance)	Allowance	
Station calls (not terminating)	30 Seconds	
Passenger service to ECS with no change of direction	60 seconds	
Zero dwell ' <i>dot</i> ' stops	Not permitted in COS	
Junction Margin		
Standard Value	90 seconds	
Departure following conflicting arrival	30 seconds	
Minimum Reversal Timings		
Abbey Wood	3 minutes	
Westbourne Park	2 minutes	
Other locations	30 seconds	
Multi-purpose vehicle; Rail Milling Machine or other On Track Machines CBTC fitted	7 minutes	
Platform / Siding Re-occupation		
Same direction	60 seconds	
Opposite direction (except Plumstead Rev Siding)	120 seconds	
Opposite direction at Plumstead Rev Siding	180 seconds	
Zorro ('Z') Moves		
Standing time between each leg of the Z Move	30 seconds	



Definition of Peak Services	
AM Shoulder Peak [SX only]	0700-0744*, 0915-0959*
AM Peak [SX only]	0745-0914*
*arrival time at Tottenham Court Road	
PM Shoulder Peak [SX only]	1600-1644**, 1815-1859**
PM Peak [SX only]	1645-1814**
**departure time from Tottenham Court Road	

- 5.3.1 Where adjustments to SRTs are shown, the value shall be added to the normal SRTs. Negative adjustments are specially identified.
- 5.3.2 Minimum station allowances are the minimum practical for specific rolling stock. These are shown with exceptions being listed by line of route where applicable.
- 5.3.3 It is permitted to time a departure from a siding at Westbourne Park with a higher number at the same time as an arrival at a lower number (for example, a departure from Siding 5 may be timed to coincide with an arrival in Siding 4).
- 5.3.4 The junction margin values given in the table below shall apply to conflicting moves.

5.4 Timing Allowances

- 5.4.1 A 10% engineering allowance uplift is included in the SRT calculation method (see 7.4.4 and 7.4.8 below) for each timing link.
- 5.4.2 When planning the Robel multipurpose vehicle, a positive adjustment of plus 2 minutes shall be added to the relevant timing link after reversal to allow for CBTC sieving/ relocalisation under Staff Accountable Mode.



6. Timetabling Considerations

6.1 National Timetable Integration

- 6.1.1 Timings at boundaries with adjacent IM infrastructure shall integrate with the National Rail timetable.
- 6.1.2 Pathing Time required at Westbourne Park shall be inserted as a Westbourne Park stop.
- 6.1.3 All schedules running to or from Network Rail Anglia Route must include a timing at Pudding Mill Lane Junction.
- 6.1.4 All schedules running to or from Network Rail Western Route must include a timing at Portobello Junction.
- 6.1.5 Midnight: Network Rail TPS does not allow use of 00:00. Use of extended dwells and pathing time shall be used to accommodate. Use of minus time is not permitted as sub-standard planning values are prevented by the timetable upload facility.
- 6.1.6 Operators shall bid working timetables and short-term variations to Network Rail Capacity Planning for validation and deconfliction in accordance with the timescales outlined in CCOS Network Code Part D.
- 6.1.7 Alternative timetables for operational contingency planning under Part H of the CCOS Network Code shall be managed under separate arrangements with the Network Performance and Strategy team.

6.2 Station Dwell Times

- 6.2.1 The CBTC timetable management system enforces a minimum value of 15 seconds for all stations (except Woolwich platform B at 30 seconds) and any planned dwell below this value may result in the train schedule rejection during the timetable upload process.
- 6.2.2 Stops with a zero-dwell time (often known as '*dot stops*') should therefore not be planned at any physical or virtual station platform within the CCOS.
- 6.2.3 Where the desired planned dwell time is greater than the planning values provided in Table 5-4 it shall not exceed the planning headway without prior written agreement of the RFLI Performance and Strategy Manager.
- 6.2.4 The CBTC timetable management system enforces a technical maximum of 15 minutes for all stations therefore planned dwells exceeding this value are not permitted. These will result in the train schedule rejection during the timetable upload process.

6.3 Single Line Working

6.3.1 CCOS is bi-directionally signalled throughout. It is therefore permissible to construct timetables based on single line working based upon available infrastructure. Where



'wrong' direction moves are planned, all station and virtual station platforms should be used to correctly identify the route required to the signalling system.

6.4 Light Locomotive Movements

- 6.4.1 'Light engine' movements in timetable hours must be scheduled subject to meeting the criteria for rolling stock outlined in Section 4 above.
- 6.4.2 Movement of locomotives without CBTC fitted may only be undertaken within a possession.

7. Procedure for Amending the Values in the Timetable Planning Rules

7.1 General Considerations

- 7.1.1 TPR should provide for current and anticipated service levels, taking cognisance of the Decision Criteria set out in D4.6 of the CCOS Network Code and CCOS Specialised Infrastructure designation.
- 7.1.2 Values generated under this section are subject to condition D2.2 of the CCOS Network Code.

7.2 Guiding Principles

- 7.2.1 Where a gap or deficiency in the delivery of the timetable has been identified, there are four potential courses of action to consider:
 - i. Review operational activities;
 - ii. Timetable amendment;
 - iii. TPR review; or
 - iv. Infrastructure interventions.
- 7.2.2 TPR values may be calculated in a few legitimate ways including (in order of priority):
 - a. CBTC system recorded actual timing values;
 - b. On Train Monitoring Recorder (OTMR) systems;
 - c. Output from recognised software simulation tools (e.g., Dynamis, Railsys etc.); or
 - d. Manual timing in a quantity agreed with RFLI.
- 7.2.3 Prior to proposal of upwards revisions of TPR values, the aim should be to enhance operational delivery prior to altering TPR values. This approach must be agreed by the parties with defined outputs and delivery timescales, whereby all parties accept the risk of performance under delivery in the interim as a result of delaying TPR change. All stakeholders are responsible for reviewing and optimising their own operational delivery performance.
- 7.2.4 The impact of a proposed TPR value change must be considered by all parties concerned and where deemed necessary, a timetable impact assessment undertaken.



- 7.2.5 A timetable impact assessment may not be necessary in circumstances where TPR value reduction is proposed, but opportunities to improve the timetable should still be taken.
- 7.2.6 All TPR change proposals must be considered in the context of any potential need to apply increased and decreased values together as part of a holistic improvement.
- 7.2.7 TPR values generally cannot be less than the minimum technical value except for SRTs to allow for integration with National Timetable planned to 30seconds. The process for the generation of SRTs is covered in 7.4 below.
- 7.2.8 Changes to individual TPRs shall be supported by evidence supporting the values proposed. Sources of evidence shall be agreed by the affected parties.
- 7.2.9 Supporting information must be stored in a format accessible to both RFLI and Timetable Participants and made available upon request.
- 7.2.10 The CBTC automatic train regulation facility requires planning values to be defined in seconds. However, compatibility with industry planning systems shall be maintained and timings provided in agreed multiples of half minutes in the National Timetable.

7.3 **Procedure for Amending Timetable Planning Rules**

- 7.3.1 When producing TPR change proposals, RFLI and/or the Timetable Participant will set out why the change is proposed, and the planned date for implementation.
- 7.3.2 The proposal will consist of:
 - A proposal number, provided by the appropriate RFLI TPR forum
 - Source data and assumptions for both infrastructure and rolling stock
 - Supporting evidence as agreed by RFLI and affected parties
 - Outputs from simulation models or other methodology, Technical values, planning values, and any rounding applied expressed in seconds and/or %age uplift
 - RFLI will consult in accordance with the CCOS Network Code
 - RFLI will document responses and decisions taken on implementation or otherwise, so that each TPR entry has an audit trail

7.4 Amendment of Sectional Running Time

- 7.4.1 Section 5.1 above contains the current SRTs for Passenger, ECS and non-passenger trains.
- 7.4.2 An SRT is the time taken for various train types (Timing Loads) to traverse a Network Link, representing the fastest route of that Network Link.
- 7.4.3 All SRTs are compiled individually by:
 - Direction of travel
 - Each track on multiple lines using the bi-directional signalling capability
 - Optimal performance possible for line and rolling stock, including acceleration or deceleration impact as appropriate



- 7.4.4 To take account of factors such as permissive moves, slow speed junctions, crossovers and platform sharing, additional time in the form of adjustment allowance should be added to schedules and listed in Section 5.3 above. If this additional allowance applies to all trains using the SRT, this allowance should be included in the SRT.
- 7.4.5 SRTs are agreed between TOCs and RFLI as part of the agreement of the CCOS TPR. Normally they will not change from one timetable to the next.
- 7.4.6 New and revised SRTs are agreed between TOCs and RFLI on an individual basis and are supplied by the method agreed in each instance.
- 7.4.7 RFLI will, however, re-calculate SRTs for specific train/ route combinations in the following circumstances:
 - a. Where a TOC anticipates using a train/route combination for which no SRT exists;
 - b. Where RFLI anticipates a change to route data, e.g. line speed changes;
 - c. SRTs are unrepresentative of actual train performance;
 - d. Where it is cost-effective to re-calculate all SRTs on a route at the same time as a recalculation for specific rolling stock.
- 7.4.8 A 10% allowance for engineering shall be included in the TPR calculation.
- 7.4.9 Network Rail national timetable protocols require rounding of the calculated SRTs to obtain values in half minutes. Rounding shall be carried out cumulatively over a route, with intermediate times being rounded down and arrival at destination being rounded up. The accumulative value of the SRTs most not be more than +/– half–a–minute from the accumulative value of the 'raw' data at key junctions and stations.
- 7.4.10 RFLI may carry out other adjustments to the rounded SRTs, e.g. to remove obvious anomalies
- 7.4.11 RFLI may adjust proposed SRTs for different train types to show the same numeric values in order to make maximum use of available line capacity.

7.5 Headways

- 7.5.1 Current headway values are listed in Table 5-3 above.
- 7.5.2 The planning headway is the minimum planned time interval between two successive train schedules at a specific timing point on the same line in the same direction, such that the second train can meet its SRT. This is expressed in multiples of half minutes and is derived from the technical headway rounded to at least the next half minute or above by agreement.
- 7.5.3 Where necessary and appropriate, differential planning headways shall be created for different combinations of:
 - Train type (including weight, length and speed)
 - Stopping pattern
 - Diverging or converging movements
 - For example, two trains departing from a terminal station may have a different headway depending on whether they depart towards the same line (converging), or to different lines (diverging), as in the latter scenario the route of the second train can be set earlier with least



restrictive aspects. In the case of a non-stopping train following a train through a platform, the headway needs to allow the first train to accelerate from the platform without the second train seeing restrictive aspects on approach. This is also the case in scenarios where stopping trains follow one another into a station platform.

7.5.4 The technical headway is the minimum permissible time interval between two successive trains at a specific timing point on the same line in the same direction, such that the second train can meet its SRT. This is expressed in seconds.

7.6 Junction Margins

- 7.6.1 Current standard junction margins are listed in Table 5-4 above.
- 7.6.2 A Junction Margin is the minimum permissible time interval between two trains that are performing conflicting moves at a timing point, such that the second train can meet its SRT. This is expressed in multiples of half minutes derived from the technical value expressed in seconds.
- 7.6.3 Where necessary and appropriate, differential junction margins shall be created for different combinations of:
 - Train type (including weight, length and speed)
 - Stopping or passing movements
 - Diverging or converging movements
 - For example, a train accelerating from rest across a junction will require a greater margin to avoid impact on the second train, than a train crossing the same junction at line speed. The stopping pattern of both trains must also be considered so that acceleration or deceleration relative to line speed is considered.
- 7.6.4 The calculation of a junction margin consists of several components:
 - 1. Time taken between the front of the first train passing the timing point and its rear clearing the relevant axle counter
 - 2. Time taken for the CBTC system to reset the route and give a movement authority to the second train
 - 3. Time taken between the second train commencing movement and its front passing the timing point
- 7.6.5 A basic junction margin is the sum of 1, 2 and 3 above rounded to the next half-minute above to form the planning margin.

7.7 Platform Reoccupation

- 7.7.1 Platform reoccupation is defined as the time between first train departing and second train arriving at a specific platform in the same direction. This commonly defaults to, but should not exceed, the applicable headway.
- 7.7.2 Platform Reoccupation is measured separately to station dwell time.
- 7.7.3 The calculation of a platform reoccupation consists of:
 - 1. Time taken between the first train departing the timing point and its rear clearing the relevant berth;



- 2. Time taken for CBTC to reset the route and give movement authority to the second train; and
- 3. Time taken between the second train commencing movement and its arrival at the timing point
- 7.7.4 Platform reoccupation is the sum of 1, 2 and 3. rounded to the next half-minute above to form the planning value.
- 7.7.5 The current standard platform reoccupation times are listed in Table 5-4 above..

7.8 Station Dwell Times

- 7.8.1 Current standard station dwell values are listed in Table 5-4 above.
- 7.8.2 Station dwell times are the minimum time shown in timetables for trains to be at a stand in a station, from when train wheels stop on arrival to when wheels start on departure.
- 7.8.3 It includes time for doors to be released open, for passengers to leave and join the train, doors to be confirmed shut and for the train to be dispatched.
- 7.8.4 Where necessary and appropriate, differential station dwell times shall be created for different combinations of:
 - Time of day (e.g. peak hours and weekends);
 - Loading patterns;
 - Rolling stock; and
 - Station staffing arrangements.
- 7.8.5 Where no station-specific minimum value is specified, a minimum technical value of 15 seconds shall apply. t.
- 7.8.6 Timetable Participants are responsible for ensuring that station dwell times are robust for operational usage.

7.9 Turnaround Times

- 7.9.1 Current standard turnaround times are listed in Table 5-4 above.
- 7.9.2 Turnaround Times are the minimum time required for rolling stock to be prepared on completing one service before it forms the next service.
- 7.9.3 Where necessary and appropriate, differential turnaround times shall be created for different combinations of:
 - Time of day;
 - Rolling stock;
 - Station staffing arrangements;
 - Train operating staff agreements;
 - Journey distance; and
 - Miscellaneous operational instructions



7.9.4 Timetable Participants are responsible for ensuring that turnarounds are robust for operational usage and takes account of local operational railway characteristics.

7.10 Engineering Recovery Allowances

- 7.10.1 Engineering Recovery Allowance is additional time included in train schedules to cover the impact of planned temporary speed restrictions associated with engineering works on the network.
- 7.10.2 A 10% allowance shall be included in the SRT calculation for each timing link. This has been applied to tables Table 5-1 and 5-2 above.



8. References

8.1 RfL company documents

- CCOS Network Code Part D
- CCOS Network Code Part H
- CCOS Network Code Part J
- RFLI COS Rule Book
- RFLI Central Operating Section Operating Instructions (COSOI)
- C620-SIC-R2-RSP-CR001-50022: IRS ATS-001-TSD C620/NR Time Table Data
- C620-SIC-R2-GIN-CR001-50006: ATS Running Time Engineering Calculation

8.2 References

• The Secretary of State. (2006). Railways and other Guided Transport System (safety) regulations.

8.3 Abbreviations

ATO	Automatic Train Operation
CBTC	Communications-Based Train Control
CCOS	Crossrail Central Operating Section
EAS	Engineering Access Statement
IM	Infrastructure Manager
LOR	Line of Route
NR	Network Rail
OTM	On Track Machine
R <i>f</i> L	Rail for London
RFLI	Rail for London (Infrastructure) Limited
ROGS	The Railway and Other Guided Transport Systems (Safety) Regulations
SRT	Sectional Running Time
TIPLOC	Timing Point Location (7 Character Code)
T <i>f</i> L	Transport for London
TPR	Timetable Planning Rules



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8.4 Definitions

Automatic Train Operation (ATO)	Train speed control, starting and stopping functions undertaken by the train (supervised by the Automatic Train Protection component of CBTC).
Auto-Reverse	ATO with the driver or operator not situated in the leading cab relative to the direction of travel
Communications- Based Train Control	Train-borne determination of a train's location, length and integrity. Employs a continuous data communications link between the train- borne equipment and wayside equipment.
Infrastructure Manager	As defined in Part 1 Section 2 of the Railway and Other Guided Transport Systems (safety) regulations (2006)
Zorro ('Z') Move	Facilitates the movement of a train to another running line for same direction working using a trailing crossover by use of Auto-Reverse.

