

Buses from Goodmayes Park and Valence Avenue

Key

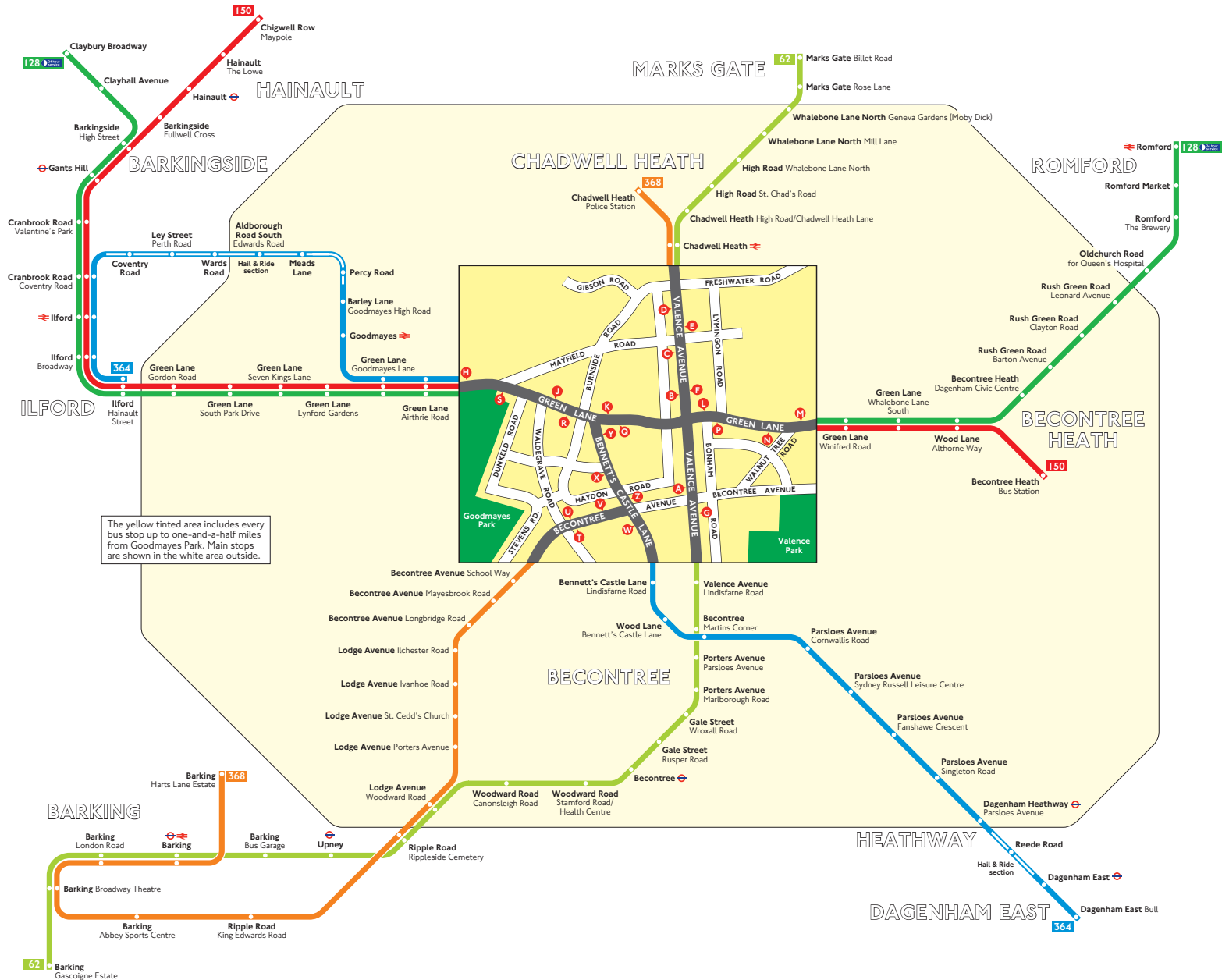
- Connections with Underground
- Connections with National Rail

Red discs show the bus stop you need for your chosen bus service. The disc **A** appears on the top of the bus stop in the street (see map of town centre in centre of diagram).

Route finder

Day buses including 24-hour routes

Bus route	Towards	Bus stops
62	Barking	E F G
	Marks Gate	A B C D
128	Claybury	N P O R S
	Romford	H J K L M
150	Becontree Heath	H J K L M
	Chigwell Row	N P O R S
364	Dagenham East	H J Y Z
	Ilford	R S W X
368	Barking	E F G T Y Z
	Chadwell Heath	B C D K U V X



The yellow tinted area includes every bus stop up to one-and-a-half miles from Goodmayes Park. Main stops are shown in the white area outside.