

SPEED RESTRICTIONS

Link	Extra Running Time	Extra Running Time (secs)								
		10	20	30	40	50	60	90	120	
Stanmore - Canons Park	Yes	0.1764	0.3528	0.5292	0.7056	0.8819	1.0583	1.5875	2.1167	
	No	0.1764	0.3528	0.5292	0.7056	0.8819	1.0583	1.5875	2.1167	
Canons Park - Queensbury	Yes	0.2787	0.5575	0.8362	1.1150	1.3937	1.6725	2.5087	3.3450	
	No	0.2787	0.5575	0.8362	1.1150	1.3937	1.6725	2.5087	3.3450	
Queensbury - Kingsbury	Yes	0.3472	0.6945	1.0417	1.3889	1.7361	2.0834	3.1250	4.1667	
	No	0.3472	0.6945	1.0417	1.3889	1.7361	2.0834	3.1250	4.1667	
Kingsbury - Wembley Park	Yes	0.5104	1.0208	1.5311	2.0415	2.5519	3.0623	4.5934	6.1245	
	No	0.5104	1.0208	1.5311	2.0415	2.5519	3.0623	4.5934	6.1245	
Wembley Park - Neasden	Yes	0.5342	1.0685	1.6027	2.1369	2.6712	3.2054	21.9725	86.0150	
	No	0.5342	1.0685	1.6027	2.1369	2.6712	3.2054	4.8081	23.5752	
Neasden - Dollis Hill	Yes	0.6226	1.2451	1.8677	2.4902	3.1128	3.7353	29.6527	91.8676	
	No	0.6226	1.2451	1.8677	2.4902	3.1128	3.7353	5.6030	31.5203	
Dollis Hill - Willesden Green	Yes	0.7471	1.4941	2.2412	2.9883	3.7354	4.4824	23.3585	83.2938	
	No	0.7471	1.4941	2.2412	2.9883	3.7354	4.4824	6.7237	25.5997	
Willesden Green - Kilburn	Yes	2.7465	10.0836	21.3082	40.4459	59.7750	82.3832	156.5033	227.3370	
	No	0.9706	1.9412	2.9119	5.6583	12.9955	24.2201	85.2951	159.4152	
Kilburn - West Hampstead	Yes	1.0662	5.3483	13.7390	26.9717	41.8945	64.3147	138.5062	210.7774	
	No	1.0662	2.1324	3.1986	4.2649	8.5470	16.9376	67.5134	141.7049	
West Hampstead - Finchley Road	Yes	6.0520	16.9405	26.6011	50.3616	71.8304	96.3586	174.6619	243.8285	
	No	1.2981	2.5962	3.8943	9.9463	20.8348	30.4954	100.2529	178.5562	
Finchley Road - Swiss Cottage	Yes	13.5540	39.2497	73.3572	109.6219	151.1319	197.9691	349.2188	476.2154	
	No	1.6194	3.2388	4.8583	18.4123	44.1080	78.2154	202.8273	354.0771	
Swiss Cottage - St. Johns Wood	Yes	1.6321	3.2642	12.9697	32.9895	65.1651	106.7257	245.4331	386.3264	
	No	1.6321	3.2642	4.8963	6.5284	8.1604	17.8659	111.6220	250.3294	
St. Johns Wood - Baker Street	Yes	1.7124	3.4247	5.1371	18.7840	39.6910	67.2789	203.6639	335.0323	
	No	1.7124	3.4247	5.1371	6.8495	8.5619	10.2742	72.4160	208.8010	
Baker Street - Bond Street	Yes	1.8384	3.6769	17.4499	38.4830	66.1969	114.1748	247.2903	388.8027	
	No	1.8384	3.6769	5.5153	7.3538	9.1922	22.9652	119.6902	252.8057	
Bond Street - Green Park	Yes	1.9398	8.3379	21.8728	53.9428	95.7421	134.1894	275.0854	412.6551	
	No	1.9398	3.8797	5.8195	7.7593	14.1574	27.6923	140.0089	280.9049	
Green Park - Westminster	Yes	2.0804	8.6189	22.2944	54.5049	96.4447	135.0326	276.3501	414.3413	
	No	2.0804	4.1607	6.2411	8.3214	14.8600	28.5355	141.2736	282.5912	
Westminster - Waterloo	Yes	2.1438	8.7458	22.4848	54.7588	96.7621	135.4134	276.9214	415.1030	
	No	2.1438	4.2877	6.4315	8.5753	15.1773	28.9163	141.8449	283.3529	
Waterloo - Southwark	Yes	2.3501	9.7612	25.2742	61.8283	106.5512	145.5514	284.8467	422.7845	
	No	2.3501	4.7002	7.0503	9.4004	16.8115	32.3245	152.6017	291.8971	
Southwark - London Bridge	Yes	2.3007	9.6624	25.1260	61.6307	106.3041	145.2549	284.4020	422.1914	
	No	2.3007	4.6014	6.9021	9.2028	16.5644	32.0280	152.1570	291.3041	
London Bridge - Bermondsey	Yes	1.6494	8.3597	23.1719	59.0253	103.0474	141.3469	278.5399	414.3754	
	No	1.6494	3.2987	4.9481	6.5974	13.3077	28.1200	146.2949	283.4880	
Bermondsey - Canada Water	Yes	1.5021	8.0653	22.7303	58.4365	102.3114	140.4636	277.2150	412.6089	
	No	1.5021	3.0043	4.5064	6.0086	12.5717	27.2367	144.9700	281.7215	
Canada Water - Canary Wharf (Jubilee)	Yes	1.3804	7.8218	22.3651	57.9496	101.7027	139.7332	276.1195	411.1481	
	No	1.3804	2.7608	4.1413	5.5217	11.9631	26.5064	143.8745	280.2608	
Canary Wharf (Jubilee) - North Greenwich	Yes	1.0692	7.1993	21.4314	56.7047	100.1466	137.8659	273.3184	407.4134	
	No	1.0692	2.1384	3.2076	4.2767	10.4069	24.6390	141.0734	276.5260	
North Greenwich - Canning Town	Yes	0.7668	2.9292	7.3259	17.5251	31.3404	44.4868	93.2572	140.5067	
	No	0.7668	1.5335	2.3003	3.0671	5.2295	9.6262	46.7871	95.5575	
Canning Town - West Ham	Yes	0.7295	2.8547	7.2141	17.3761	31.1542	44.2633	92.9220	140.0597	
	No	0.7295	1.4590	2.1885	2.9181	5.0432	9.4027	46.4518	95.1105	
West Ham - Stratford	Yes	0.4714	2.3384	6.4396	16.3434	29.8634	42.7143	90.5985	136.9617	
	No	0.4714	0.9427	1.4141	1.8854	3.7524	7.8537	44.1284	92.0126	